

All Star

artist: Smash Mouth, "Astro Lounge"

level: advance

choreo: Kelli McChesney, taught by Anja Gottschalk, Crazy Taps Frankfurt

Sequence: **A, B, CHORUS, A, CHORUS, C, CHORUS*, A, B, CHORUS, ENDING**

Start immediately after "Some.."

Part A

Split Turkey

HL FLAP S (xib) DS BA/HL SL
 L L R L R L R
 1 & 2 &3 & 4

Toe Toe

DBL(b) TOE(ib) TOE(ots) S DS(b) TCH(if) S
 L L L L R L L
 &1 & 2 & a3 & 4

Eric

DS DBL(UP) R HL (takes weight) RS
 R L L R L R
 &1 &2 & 3 & 4

DBL Basic Kick

DS DBL HOP S(ib) RS KK turn ½ left
 L R L R L R L
 &1 & a 2 & 3 4

repeat Part A to face front

Part B

2 Hop Toe Step

HOP (takes weight) TOE S(ib) BA/SL alternate feet
 L R R L L
 & a 1 & 2

Syncopate

S(if) RS S(if) HL/BA HL/BA CHUG
 L R L R R L L R L
 1 & 2 & 3 & 4

Gallop

DS R H/BA R H/BA STOMP STOMP move forward
 L R L L R L L R L
 &1 & a 2 & a 3 & 4
 DS BA SL DBL(B) DRAG S turn ½ left
 R L L R L R
 &5 & 6 &7 & 8

repeat 2 Hop Toe Steps and Syncopate

2 Canadian Steps

DS DBL HOP TCH DBL HL S S turn ¼ left each
 L R L R R L L R
 &1 e& a 2 &a 3 & 4

Chorus

All Star

DS RS HOP (takes weight) TOE S(ib) BA/SL
 L RL R L L R R
 &1 &2 & a 3 & 4
 HOP (takes weight) TOE S(ib) BA/SL BA/SL RS
 L R R L L R R LR
 & a 5 & 6 & 7 &8

All Star

turn 360° left

Modified MJ

DS DS(ib) RS(o) S(ib) RS RS DBL BNC BNC CHUG
 L R LR L RL RL R both both L
 &1 &2 &3 4 &5 &6 & 7 & 8

2 Rock Heel

R HL (takes weight) FLAP S alternate feet
 L R R L
 & 1 & 2

Fancy Double

DS DS RS RS
 L R LR LR
 &1 &2 &3 &4

All Star (continued)

Sequence: A, B, CHORUS, A, CHORUS, C, CHORUS*, A, B, CHORUS, ENDING

Part C

Stagger

DBL	HL(o)	TOE(if)	S(if)	RS
L	R	R	R	LR
&a	1	2	3	&4

Split Push

DS	RS	RS	BA/HL	SL	turn $\frac{3}{4}$ left
L	RL	RL	R	L	R
&1	&2	&3	&	4	

repeat 3 times to face all four walls

Chorus*

Repeat chorus, omit Fancy Double

Ending

Modified MJ

DS	DS(ib)	RS(o)	S(ib)	RS	RS	DBL	BNC	BNC	CHUG
L	R	LR	L	RL	RL	R	both	both	L
&1	&2	&3	4	&5	&6	&	7	&	8

2 Rock Heel

R	HL (takes weight)	FLAP	S
L	R	R	L
&	1	&	2

Toe Spin

TOE(ib)	SPIN(360° LEFT)
L	both
1	2